

### What is SEVA Consortium Development Project:

The SEVA Consortium Development Project is a partnership between Pakistani Resource Centre (PRC), Wai Yin Chinese Women's Society and African and Caribbean Mental Health Service.

The SEVA Consortium Development Project has employed Community Development Workers (CDW) to work with diverse minority ethnic communities. SEVA CDW's based at PRC focus specifically on the mental health needs of the South Asian Communities (Pakistani, Bangladeshi, Gujarati, Hindu and Sikh).

CDWs often act as a link between communities and local government as well as other statutory and voluntary bodies.

CDWs help improve existing mental health services by addressing inequalities and making services more approachable and appropriate to diverse South Asian communities.

CDWs also make recommendations for the development of new services.

SEVA is a Hindi word meaning

'Selfless service. Willingness to perform any task for a greater cause without prospect of recognition or reward'.

### We aim to:

#### Develop working relationships with communities

by:

1. Identifying Mental Health issues, needs and problems within the communities.
2. Developing new community-based Mental Health programmes and resources.
3. Evaluating and monitoring existing Mental Health services and programmes.
4. Helping to raise public awareness on Mental Health issues relevant to the community.
5. Liaising with interested groups and individuals to set up new Mental Health services.
6. Sign-posting people to information, resources, and sources of funding so that local residents can take action to meet their own needs.

#### Other CDW roles and responsibilities:

1. Networking with government bodies, statutory and voluntary organisations and the communities.
2. Preparing reports and policies.
3. Recruiting and training employed and voluntary staff.
4. Planning, attending and co-ordinating meetings and events.

If you have suffered from mental health problems or you have cared for someone with mental health issues. We would like to know your thoughts and opinions on the service you received.

All the information you gives us will be confidential.

Name:.....

Address:.....

Postcode:.....

Phone:.....

The staff at Pakistani Resource Centre able to communicate in several South Asian languages, therefore overcoming language barriers.

